

# D-Lish®

## 5% Sodium Fluoride Varnish

**D-Lish 5% Sodium Fluoride Varnish** is a fluoride containing dental varnish for surface application to enamel and dentin. D-Lish Fluoride Varnish will adhere to wet surfaces and is tolerant to moisture and saliva. D-Lish Fluoride Varnish is an ethanolic suspension of rosin with artificial flavors and sweetened with xylitol. 1 ml of D-Lish Fluoride Varnish contains 50 mg of sodium fluoride equivalent to 22.6 mg of fluoride.

### **Indications:**

- D-Lish Fluoride Varnish is intended for use as
- Treatment of hypersensitive teeth
  - Sealing the dentinal tubules for cavity preparations or on sensitive root surfaces
  - Cavity liner under amalgam restorations

### **Contraindications:**

- D-Lish Fluoride Varnish is contraindicated in patients with ulcerative gingivitis or stomatitis or known allergies to rosin. D-Lish Fluoride Varnish is not intended for systemic treatment.

### **Methods of Use:**

#### **Recommended dosage:**

- Treatment of patients with primary dentition  
*Use approx. 0.25 ml of D-Lish Fluoride Varnish*
- Treatment of patients with adolescent or permanent dentition  
*Use approx. 0.40 ml of D-Lish Fluoride Varnish*

D-Lish Fluoride Varnish should be applied on a complete set of teeth in a very thin film thickness. A thick film thickness is more likely to peel off and does not provide better therapeutic results. A complete set of teeth can be treated between the ranges of 0.25ml and 0.40ml.

### **Application:**

1. Thoroughly clean biofilm from treatment areas.
2. For best results, eliminate any excessive moisture/saliva from area to be treated.
3. Use brush applicator to uniformly apply D-Lish Fluoride Varnish, covering the entire surface to be treated with a thin film.
4. Allow area to become wet (either by gentle rinsing or natural salivary flow) to ensure setting of D-Lish Fluoride Varnish.
5. Instruct patient to avoid hard food, alcohol, brushing or flossing for the next 4 hours after application.

### **Precautionary measures:**

Edematous swellings have been reported on rare occasions especially following application to extensive surfaces. Direct ingestion should be avoided. Dyspnea associated with asthmatic children, has been reported for similar preparations in extremely rare cases. Patients having sensitive digestive systems may experience nausea, usually after extensive treatment. In case of adverse reactions, remove varnish with a soft toothbrush and floss, and then rinse with warm water.

Do not use any other fluoride preparations on day of application. Suspend treatment with fluoride tablets for several days after treatment. Do not swallow.

D-Lish Fluoride Varnish has a viscous consistency to adhere to moist tooth surfaces.

**Storage:** Store at temperatures between 39°F - 73°F (4°C - 23°C). Do not use after expiration date.

Keep this material out of reach of children.

Visit [www.youngdental.com](http://www.youngdental.com) for Material Safety Data Sheet.

For emergencies contact INFOTRAC at 1-800-535-5053.



manufactured by:

**YOUNG™**  
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